



**INSTRUCTIONS FOR PARTICIPANTS IN THE
ROBINS CHIEFS GROUP'S
19th 5K RUN & 1 MILE WALK**

Thanks for participating in the **Robins Chiefs Group's annual fitness activities** to be held on **25 May 2023**. They will **begin and end near the Robins Fitness Center** and we'll **begin same-day registration at 0700 hours**. The run & walk will **start at 0730**, or shortly thereafter.

The purposes of this event are to promote physical fitness and raise money to support programs benefiting enlisted personnel and their families. Some of our support initiatives include the Robins Chiefs Group Enlisted Scholarship Program, base-wide quarterly and annual awards programs, Airmen/NCO/SNCO seminars, Community College of the Air Force graduation activities, and Airman and Family Readiness Center programs.

There is no entry fee to take part in these events, but participants are encouraged to secure sponsors. Sponsors can pledge either by the kilometer, mile, or by simply giving a flat donation. However, we do ask that you collect your pledges prior to the day of these activities. (See attached pledge sheet)

The first 50 participants collecting **\$20 or more in pledges** will receive a **very cool Robins Chiefs Group event T-shirt**. **Prizes will be presented to the 1st, 2nd and 3rd place 5K race finishers in male and female categories. Only those who collect \$20 or more in pledges are eligible for the prizes.**

Again, we will begin signing up athletes at **0700 hours on 25 May** at the Fitness Center. Please bring your pledge sheets and any donations collected at that time. If you still have money to collect, we will return your pledge sheet back to you and you can collect the following week.

Finally, for more information, please visit our website at www.robinschiefsgroup.org, send an email to info@robinschiefsgroup.org, or contact any Robins Chiefs Group member. Thank you for your participation and we look forward to seeing you on the day of the event!

Andy Rodriguez, CMSgt, USAF (ret)
Race Director

